

**Essentials Gift Shop – Lobby Level – ext. 7814**

Hours vary daily. Fine gifts, toiletries, tobaccos, film, newspapers, magazines, Tucson souvenirs, and other La Paloma necessities.

**Sunsations – Lobby Level – ext. 7813**

Hours vary daily. Bask in the Arizona sun with a selection of fine swimwear and accessories. We also offer casually elegant apparel for women & men featuring Tommy Bahama, Nat Nast, and Brighton.

**Creative Arrangements by Sylvia Floral Shop – Lobby Level – ext. 7832**

Designing award-winning floral designs for all occasions. Creativity at its best! Located at the end of the Arizona Ballroom foyer, opposite the front desk and retail shops area.

## RESORT DINING

**AZUL Restaurant – Lower Lobby – ext. 7020**

Breakfast 6:30am – 11am, Lunch 11:00am – 2:00pm, Dinner 5:00pm – 10:00pm,  
Sunday Brunch 11:00am – 2:00pm

An upscale, contemporary dining experience featuring a Mediterranean-inspired menu. Panoramic views of the Catalina Mountains offer the perfect backdrop.

**AZUL Lounge – Lobby – ext. 7027**

Daily, 2:00pm – Midnight

Step in to the Blue... Dramatic blue lighting and deep lounge music create a stylish, sophisticated atmosphere and a relaxing, yet energizing hot spot for cozy dining, Happy Hour or the adventurous late night crowd.

**Janos – Next to Front Drive – ext. 7021**

Mon – Thurs 5:30pm – 9:00pm, Fri and Sat 5:30pm – 9:30pm, Closed Sunday

Janos has been Arizona's highest rated restaurant since 1983, and Chef Janos Wilder was winner of the James Beard Award for the Best Chef in the Southwest, 2000. An enchanted evening awaits you as local ingredients are refined with French cooking techniques to create extraordinary cuisine.

**J Bar – Next to Front Drive – ext. 7021**

Mon – Thurs 5:00pm – 9:00pm, Fri and Sat 5:00pm – 9:30pm, Closed Sunday

Situated adjacent to Janos, J Bar features sophisticated bar fare in an elegantly relaxed environment, with breathtaking views of Tucson city lights. Dine inside or on the covered patio and sip a margarita while watching the day transform into a stunning Arizona sunset.

**Sabino's Pool Bar and Grill – Poolside**

During our winter season, Sabino's Pool Bar will be open, weather permitting. Enjoy light fare daily. Please connect with Service Express for the hours of operation.

**Courtside Deli – Racquets Tennis & Health Center – ext. 7080**

Daily, 7:00am – 2:00pm

Located at the Tennis & Health Center, Courtside Deli offers a mouthwatering selection of sandwiches accented with your choice of a variety of specialty condiments. Salads, fruit plates, and softserve yogurt make Courtside Deli a must.

**Espresso at La Paloma – next to Front Desk – ext. 5026**

Opens daily at 6:00am. If a quick, light breakfast or lunch is on your game plan, Espresso is the perfect place for hot brewed selections of gourmet regular and decaffeinated Starbucks® coffee, Tazo® tea along with a variety of fresh pastries, fruit, deli-sandwiches, cookies, bottled juice and water, milk and frappuccino.

## RESORT ACTIVITY & INFORMATION GUIDE

THE WESTIN LA PALOMA RESORT & SPA



**THE WESTIN**  
LA PALOMA  
RESORT & SPA  
TUCSON

## ACTIVITY DESCRIPTIONS

### Popcorn and a Movie\*

Cool off and relax inside the Kids Club while watching a kid friendly movie and enjoying your very own tub of yummy popcorn! Pajamas welcome!! (*reservations requested*) Ages: 6 months-12 years.

### Wii Adventure\*

Join us in the Kids Club for a kids choice Wii contest! (*reservations requested*) Ages: 4-12.

### Craft Corner\*

Let your imagination run wild! Join us in the Kids Club to create a one-of-a-kind souvenir for a loved one! (*reservations requested*) Ages: 1-12.

### Board Game Bonanza\*

Do you like board games? Join us in the Kids Club and choose your favorite game to play with friends! Ages: 3-12.

### Scavenger Hunt\*

Are you a good treasure hunter? Follow our on of a kind map and find out! Ages: 4-12.

### Nature Walk

Let's hit the trail! This two mile excursion starts off at the Tennis & Health Center with a relaxing stretch and then you are on your way touring the beautiful surroundings of the resort. The walk is brisk and the sights are outstanding! Be sure to ask your guide about the natural history of the Sonoran Desert for interesting facts while you walk! Ages: 12 and up

### Meal and a Movie\*

Join us at the Kids Club to watch a kid friendly movie while enjoying a fabulous complimentary meal from our kid's menu. (*reservations requested*) Ages: 6 months-12 years.

*\* Kids Club rates apply*

## TRANSPORTATION SERVICES

### Complimentary Shuttle - ext. 7050

Please enjoy our complimentary shuttle to our local four corner shopping area featuring the La Encantada Plaza. For reservations & information please dial 7050 from your in room phone. The shuttle departs from the Front Drive at 11:00am, 1:00pm, 3:00pm, 5:00pm, 7:00pm, & 9:00pm.

### Integrity Transportation - (520) 733-1849

Integrity Transportation Inc. is the premier Tucson resort transportation company for La Paloma. We are a full service transportation company featuring Town Cars, Vans, SUVs, and Mini coaches. We offer Phoenix and Tucson airport transportation and car service to many southern Arizona attractions including local museums, wine tours, Tubac shopping trips, and more. Our clean, smoke-free vehicles and experienced, courteous drivers transport you or your group on time and in comfort.

Enterprise Rent-A-Car — Lobby Level — ext. 7821 or (520) 498-2306

## RESORT RECREATION

### Championship Golf – ext. 7800

Escape to our 27-hole Jack Nicklaus Signature Golf Course, with greens & bunkers – newly redesigned by The Golden Bear himself. This magnificent private course, one of Jack's original creations, is the perfect spot to energize all aspects of your game, and it's available exclusively to resort guests.

### Swimming Pools

Five swimming pools and the Southwest's longest resort waterslide provide aquatic fun for all. Our freestyle pool with swim up bar is complemented by a specially designed kids-only pool, and a quiet relaxation pool just for adults. And everyone will want to try the Slide Winder, our 177-foot waterslide.

### Tennis – ext. 7880

The La Paloma Country Club Tennis and Health facilities boast a total of 10 championship tennis courts including four superb Georgia clay courts and six hard-surface courts. Eight courts are lighted for night play.

### Elizabeth Arden Red Door Spa – ext. 8390

Sun – Wed 8:00am – 7:00pm, Thu – Sat 8:00am – 8:00pm Enjoy luxurious skin care. Relax with a manicure or pedicure. Experience hydrotherapy. And unwind in the men's or ladies' steam and sauna facilities. There are even two outdoor cabanas for massages alfresco with stunning views of the Santa Catalina Mountains

### WestinWORKOUT – Tennis & Health Center, ext. 7880

Open Daily from 5:30am – 9:00pm. The WestinWORKOUT facility includes cardiovascular and strength training equipment. A specially designed fitness room is used regularly with scheduled classes for our guests and country club members. Men's and women's dressing and locker rooms, steam rooms, a fully stocked pro shop and an indoor racquetball court are conveniently located within the health center.

## RESORT SERVICES

### The Westin Kids Club – Across from Racquets Tennis & Health Center – ext. 7888

Sun – Thur 9:00am – 5:00pm, Fri & Sat 9:00am – 9:00pm. Times, activities and cost are subject to change without notice. Our Westin Kids Club Discovery Room has an outside play area, games, TV, music, arts & crafts, books, puzzles, toys, Wii and more. Maximum child care per day is 2 hours for children one and under and 4 hours for children 1-12 years. Reservations are requested 24 hours in advance. Parents must remain on the resort premises while their children are in the Children's Lounge. For ages 6 months to 12 years, \$12 per hour for the first child and \$8 an hour for each additional child. Parents are allowed to bring food & drinks for their children or select from our kid-friendly menu.

### Business Center – next to Front Desk

Open 24 Hours. Comprehensive business services with support from Alpha Graphics.

### Racquets Tennis Pro Shop – Tennis & Health Center – ext. 7880

Open Daily 5:30am-9:00pm. You'll find a complete line of men's, women's and children's tennis, swim and aerobic attire. Fine European and American tennis apparel and La Paloma logo tennis clothing is available.

### Laundry/Dry Cleaning – In-room service – ext. 0

Mon-Sat, in by 9:00am and back by 6:00pm.

## MARCH 2012

### SUNDAY

8:30am Stability Ball (fitness center)  
11:30am Lunch & a Movie (kids club)  
1:30pm Craft Corner (kids club)  
3:00pm Free Expression Art (kids club)

### MONDAY

8:00am Yoga (fitness center)  
9:15am Circuit Training (fitness center)  
10:30am Zumba (fitness center)  
11:00am Story Time (kids club)  
1:00pm Craft Corner (kids club)  
3:00pm Board Game Bonanza (kids club)  
5:30pm Hi/Lo Aerobics (fitness center)

### TUESDAY

8:15am Powertone (fitness center)  
9:30am Pilates (fitness center)  
10:00am Scavenger Hunt (kids club)  
1:00pm Wii Adventure! (kids club)  
3:00pm Free Expression Art (kids club)  
5:30am Pilates (fitness center)

### WEDNESDAY

8:00am Postural Fitness (fitness center)  
9:15am Cardio Circuit (fitness center)  
10:30am Yoga (fitness center)  
11:30am Lunch & a Movie (kids club)  
1:30pm Craft Corner (kids club)  
3:00pm Board Game Bonanza (kids club)

### THURSDAY

8:15am Powertone (fitness center)  
9:30am Pilates (fitness center)  
11:00am Story Time (kids club)  
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3:00pm Free Expression Art (kids club)

### FRIDAY

8:00am Nature Walk (fitness center)  
8:00am Yoga (fitness center)  
9:15am Circuit Training (fitness center)  
10:30am Full Body Stretch (fitness center)  
11:00am Story Time (kids club)  
3:00pm Craft Corner (kids club)  
6:00pm Wii Adventure! (kids club)

### SATURDAY

8:00am Nature Walk (fitness center)  
8:00am Boot Camp or Hi/Lo Aerobics (fitness center)  
9:15am Pilates (fitness center)  
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# The Westin La Paloma Pool Guidelines

Thank you for choosing The Westin La Paloma Resort & Spa as your host for your desert vacation. We look forward to exceeding your expectations and providing you with a memorable Resort stay! The Pools are cool and inviting and we hope to see you there relaxing or zipping down our 177 foot waterslide!

In order to protect your experience at the pools, we will be enforcing the following pool rules:

- Pool usage is reserved for Resort Guests only. Guests may have up to 4 people per room utilize the pools. (4 wristbands per room)
- All Resort Guests must pick up wristbands at the Towel Bar upon arriving to the resort pool area. Name, room number and room key must be presented to receive a wristband.
- Wristbands must be worn at all times while in the Pool Area.
- Lounge chairs may not be "reserved." The Westin La Paloma reserves the right to clear all items off pool chairs that are left unattended.
- In accordance with Arizona Health Department Code and Arizona Liquor Laws, **outside food, beverage, and ice chest coolers are strictly prohibited in the pool area.**
- The Westin La Paloma is not responsible for lost articles.
- Anyone under 12 years of age MUST be accompanied by a responsible adult or guardian 18 years of age or older.
- For the safety of our guests, no floatation rafts are permitted in the pool, and running or horseplay of any kind will not be tolerated.
- Glass of any kind is prohibited.
- Diving into any of the pools is prohibited.
- Radios and other sound devices require headsets.

On behalf of the Sabino's Team, thank you for your cooperation in assisting to provide the best pool experience for all our guests. We wish you a very renewing and memorable stay!

## POOL HOURS

The pools are available from 6am-11pm daily. weather permitting

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