

**contact:** Mark Lindsey – Dir. of Sales & Marketing  
tel 520.577.5867  
fax 520.577.5887  
mark.lindsey@westin.com

## **Elizabeth Arden Red Door Spa**

In 2000, Elizabeth Arden Salons opened the first Red Door Spa on a resort property at the Westin La Paloma Resort & Spa – nestled in the foothills of Tucson’s majestic Santa Catalina Mountains. Located at 3800 E. Sunrise Drive, the 9,300 square foot, full-service Red Door spa and salon is open daily and features an extensive menu of skin care services, facial treatments, waxing, massage, body treatments, hydrotherapy, manicures, pedicures, hair design, cut and color, make-up applications and more!

For over a hundred years, people have traveled to the Sonoran Desert in Arizona for health reasons, recuperation, and to soak up the sun. Today’s contemporary traveler will find Tucson offers a vast mecca of spa facilities, including the world-renowned Elizabeth Arden Red Door Spa. While some Arizona spas honor the healing and spiritual Native American cultures of old Arizona, the Elizabeth Arden Red Door Spa, which Miss Arden began nearly a century ago, concentrates on the health benefits resonating from science’s newest formulated Arden beauty products and signature body treatments.

The staff of The Westin La Paloma Resort & Spa believe the overall resort experience should reflect how well our products and services stimulate the five senses – sight, smell, taste, touch and sound. Entering through the vibrant Red Doors awakens these senses immediately. Soothing aromatic fragrances fill the air, bold contemporary overlarge artwork compliment the plush interior design of leather sofas, Southwestern-style armoires and product displays. A welcoming environment with an expert staff who specializes in personal, attentive service, natural ingredients from the earth and sea integrate with science and technology, the latest in luxurious skincare and body treatments, and complete pampering nurtures mind, body and spirit. The Elizabeth Arden Red Door Spa combines the essential elements of beauty and wellness for men and women.

Since opening the first Elizabeth Arden Salon on Fifth Avenue in 1910, the Elizabeth Arden industry has been successfully combining art and science in signature skincare products and treatments, marketing its product line at major prestigious department stores, day spas and hotels. One of six freestanding Red Door spas located on the grounds of a hotel/resort in the world, The Westin La Paloma Resort & Spa was excited and proud to open its Elizabeth Arden Red Door Spa, located at 3666 E. Sunrise Drive, on December 27, 2000, providing the ultimate in upscale travel, relaxation and rejuvenation.

The Westin La Paloma Resort & Spa is the only resort in Tucson to offer four signature products and services at one location for guests to enjoy, creating a truly unique world-class luxury resort for upscale business and leisure travelers. In addition to the Red Door Spa, the resort features Janos, Arizona’s highest rated restaurant since 1983; a 27-hole Jack Nicklaus Signature Course, designed by “The Golden Bear” in his playing prime and managed by world-renowned Troon Golf; and Westin’s own Heavenly Bed®, offering ten layers of heavenly comfort.

Elizabeth Arden Red Door Spa’s 9,300 square foot freestanding facility features a total of 16 body treatment rooms, six nail care stations; four hair salon stations; a men’s and women’s relaxation lounge; outdoor whirlpool; refreshment counter and boutique. The treatment rooms include aesthetic rooms for facials, body wraps and skincare; massage and body treatment rooms; a Vichy Shower room; a Hydrotherapy room; and two private outdoor cabana-style massage rooms.

Men and women’s relaxation lounges feature upscale dressing and waiting rooms, as well as locker facilities complete with Elizabeth Arden Spa products and upscale amenities. Private saunas and steam rooms are located in each lounge. The private outdoor patio is home to a secluded therapeutic co-ed whirlpool-spa. The refreshment counter is the place to relax and enjoy a light lunch and refreshing beverage. And a beautiful boutique offers an up-to-date variety of Elizabeth Arden Salon products, apparel, scented candles and gifts.

Daily spa membership, available to resort guests and local Tucsonans, includes unlimited use of Eucalyptus saunas, secluded co-ed heated whirlpool-spa, therapeutic steam rooms, ultra-deluxe relaxation rooms for men and women, plush cotton robes, acupressure slippers and personalized service. A bonus for men visitors, the men's relaxation lounge features a big screen TV!

Experienced licensed aestheticians perform a variety of advanced skincare and customized treatments in specially-equipped aesthetic rooms. Featuring the latest in skin care including, anti-aging, anti-oxidant facials, polishes, body masks and therapeutic wraps. These services combine products enriched with vitamins and essential oils with traditional healing techniques to address a wide range of conditions and needs. Depending on the specific service, treatments may enhance exfoliation, hydration, detoxification or relaxation. In addition, two custom service body treatments include the Body Bronzer, adding a radiant golden tan to the skin's surface without the damaging effects from the sun's rays.

Luxurious hydrotherapy services are available utilizing the European hydrotherapy tub to gently massage your body with up to 100 underwater jets while relaxing in a healthful bath complimented with Aromatherapy, milk bath, sea spa or green tea additives. Hydrotherapy is available ala Carte, but wonderful to combine with a massage or body wrap service.

Certified massage therapists are knowledgeable in treatments designed to relax, energize, relieve pain, and/or enhance therapeutic benefits. Treatments include classic Swedish and Red Door Signature massages. Advanced massages include Aromatherapy, Desert Stone, Pregnancy, Deep Muscle, Sports, Shiatsu, Reiki, Craniosacral and Reflexology Foot Treatment.

The nail care stations are designed for the relaxing guest experience. Licensed nail technicians administer the ultimate in pampering with a wide choice of manicure and pedicure services.

Miss Arden began by creating her line of signature skincare products. Now advanced skincare treatments and techniques combine with outstanding products to create a one-of-a-kind experience available only at the Red Door. Skincare services include the Classic Facial, Red Door Signature Facial, and Advance Skincare Treatments, such as customized Phyto-Organic, Ceramide Anti-Aging, Multi-Vitamin Anti-Oxidant, Ardena Four Layer, Vitamin K Rosacea, and Advanced Skin Renewal.

Customized treatments for lines, wrinkles, hydrating, microdermabrasion, and advanced treatments employing the 50-year-old science of phyto-cosmetology using select organic plant extracts that enhance the skin's natural ability to renew itself are found in the Olive Oil Lip, Eye Contour, Acne, Pigmentation, and Hand Renewal treatments.

The salon offers five nail care stations for various manicures and pedicures. Services incorporate the latest products to restore hands and feet with skin-soothing moisturizers and, of course, a beautiful polish. Four hair care stations are available for our team of design professionals to offer hair services including cut, coloring, chemical services and styling. A complimentary consultation on all of our hair services is available.

For a custom look based on your individual needs, licensed stylists will be happy to discuss the complete line of Elizabeth Arden cosmetics available for sale in the boutique. They also specialize in wedding party, special occasion and photography makeup application. The boutique offers a fine selection of Arden beauty products, as well as gift ideas such as candles, books and logo wear. The Red Door juice bar features a selection of healthy treats, beverages and smoothies.

The Elizabeth Arden Red Door Spa hours of operation are 8:00 AM to 8:00 PM, seven days a week. To schedule an appointment or for additional information about gift certificates and joining the Red Door Preferred Program, call (520) 742-7866 or visit [www.reddoorsalons.com](http://www.reddoorsalons.com). For additional information regarding The Westin La Paloma Resort & Spa, for reservations or for a complete listing of spa services and a price list, go to [www.westinlapalomaresort.com/spa](http://www.westinlapalomaresort.com/spa).

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## about the westin la paloma resort & spa

The Westin La Paloma Resort & Spa is a luxury full-destination resort in the foothills of the Santa Catalina Mountains. The resort offers 487 guestrooms including 25 suites, 27-hole Jack Nicklaus Signature course, Elizabeth Arden Red Door Spa, seven restaurants including award-winning Janos, Tennis & Health Center, aerobic and Pilates classes, catering and conference planning, retail shops, car rental, five swimming pools, 177' waterslide, and The Westin Kid's Club.

**Red Door Spas:**

Elizabeth Arden Salons Holdings, Inc. is the owner and operator of full service salons and day spas. The Company has five major channels of operations throughout the United States and Europe. These consist of twenty-five freestanding Red Door Salons & Spas; six Red Door resort spas; eleven department store Red Door Salons & Spas (located within Marshall Field's, Saks Fifth Avenue); ninety store branded salons (located within Bloomingdale's, Marshall Field's, Elder Beerman, Kaufmann's, Lord & Taylor, L.S. Ayres, Macy's, Robinson-May, Saks Fifth Avenue); and twenty-six Mario Tricoci Hair Salons & Day Spas. For additional information, visit [www.reddoorspas.com](http://www.reddoorspas.com).